



Humanity Welfare  
Organisation Helpline

# ANNUAL ACTIVITY REPORT

April 2024–March 2025



## **Acknowledgement**

We, at Humanity Welfare Organisation Helpline, Bijbehara, express our deepest gratitude to all those who have supported us throughout the year in our mission to uplift the lives of persons with disabilities.

We extend sincere thanks to our dedicated team of staff, volunteers, and members whose tireless efforts and commitment have been the backbone of every activity and initiative we undertook during the year. Your unwavering devotion continues to inspire hope and bring about positive change in countless lives.

We are immensely grateful to our donors, supporters, and partner organisations for their continued faith in our work. Your financial, moral, and logistical support has been crucial in enabling us to implement impactful programs and expand our outreach.

We would also like to thank the local community, beneficiaries, and well-wishers who have worked alongside us and placed their trust in our vision. Your encouragement and feedback help us grow and serve better each year.

Together, we reaffirm our commitment to building an inclusive, accessible, and compassionate society where every individual is empowered to live with dignity and independence.

**With heartfelt thanks,**

**Sujahat Farhan**

*Humanity Welfare Organisation Helpline*  
Bijbehara, Anantnag

## Message

It gives me immense pleasure to present the Annual Activity Report of Humanity Welfare Organisation Helpline, Bijbehara, for the year 2024-2025. This report is a reflection of our continued commitment to serving humanity, promoting inclusion, and advocating for the rights and dignity of persons with disabilities.

Over the past year, despite numerous social and economic challenges, our organisation has remained steadfast in its mission to create a barrier-free, inclusive society. From delivering essential services to those in need, to advocating for accessible infrastructure, education, and livelihood opportunities, our team has worked tirelessly to bring meaningful change to the lives of many.

Our journey is not one we have taken alone. I extend heartfelt gratitude to our dedicated staff, selfless volunteers, supportive donors, partner organisations, and well-wishers. Your collective efforts, compassion, and commitment have been instrumental in the success of our initiatives.

As we reflect on our achievements, we are also mindful of the road ahead. The challenges are many, but with unity, perseverance, and a shared vision, I am confident we can continue to make a lasting impact. Let this report not just be a document of our past work, but a beacon of our future direction.

Together, let us strive for a world where every person, regardless of ability, lives with dignity, equality, and opportunity.

**With warm regards,**

**Javed Ahmad Tak**

*Honorary Chairman*

Humanity Welfare Organisation Helpline

Bijbehara, Anantnag

## Our Governing Body



**HUMANITY WELFARE ORGANISATION HELPLINE  
BIJBEHARA**

### GOVERNING BODY MEMBERS



**JAVED AHMAD TAK**  
HONORARY CHAIRMAN



**AADIL RASHID VAID**  
GENERAL SECRETARY



**MUKHTAR AHMAD GIKAR**  
SECRETARY



**FOZIA NAZIR**  
MEMBER



**SUJAHAT FARHAN**  
MEMBER



**ZAKIYA MANZOOR**  
MEMBER



**YASIR AHMAD KHAN**  
MEMBER

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## World Autism Awareness Day

On 2<sup>nd</sup> April 2024, World Autism Awareness Day was observed by the Humanity Welfare Organization Helpline Bijbehara. This event aimed to raise awareness about Autism Spectrum Disorder (ASD) and promote understanding of the challenges faced by individuals with this condition.

The event brought together a large number of children with Autism, along with their parents, to discuss strategies for managing ASD and to share insights about how best to support children with the disorder. **Ms. Zahida Hameed, Rehabilitation Therapist Zaiba Aapa Institute of Inclusive Education Bijbehara**, led a session on building capacity in children with Autism and highlighted the critical role of parents. She emphasized the importance of regular interventions to help children with Autism gain independence, particularly in overcoming behavioural challenges. She reassured parents that while the cause of Autism remains unclear, the best course of action is to ensure the well-being of the child during pregnancy to promote healthy development. She further explained four types of therapies that can significantly benefit children with Autism: *Speech Therapy (to improve communication)*, *Occupational Therapy (to enhance motor skills)*, *Sensory Integration Therapy (to improve responses)*, and *Music Therapy (to aid emotional expression and regulation)*.



**Mr. Adil Rashid Vaid, Chief Functionary Officer Humanity Welfare Organisation Helpline Bijbehara**, addressed the common challenges parents face when they first learn their child is on the Autism spectrum. He pointed out that some parents, initially overwhelmed, may neglect their child's care, resulting in unsafe or unstructured environments for the child. However, he stressed that with proper attention, many children with Autism can thrive. He encouraged parents to focus on their child's strengths, consult professionals for guidance, and pursue therapies to help children reach their milestones. He emphasized the importance of a coordinated approach between parents and professionals to ensure that children develop independence and live with dignity.

Several parents also shared their experiences, highlighting how their children had made significant progress at ***Zaiba Aapa Institute of inclusive Education***. One parent noted that the region's human-centric approach to disability care, coupled with a favourable climate, creates an ideal environment for children to grow into independent individuals.

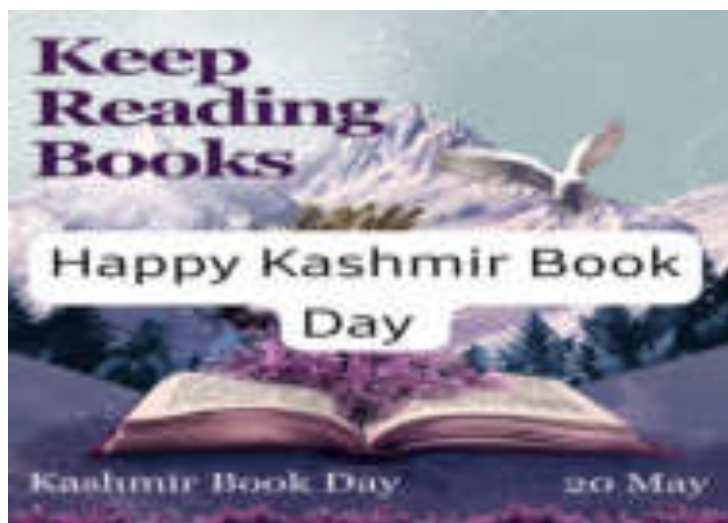
The event concluded with a vote of thanks from **Ms. Mahreena General-Line Teacher Zaiba Aapa Institute**, who also moderated the program, expressing gratitude to all participants for their contributions to the cause of Autism awareness.

The program underscored the collective responsibility to ensure that children with Autism are supported, respected, and given the opportunities they need to lead fulfilling lives.



## Kashmir Book Day Carnival

On 20<sup>th</sup> May 2024, Book Connection-Our Enthusiastic Book Club commemorated **Kashmir Book Day** at *Zaiba Aapa Institute of Inclusive Education Bijbehara*. The event was aimed to raise awareness about the importance of reading in Kashmir and to highlight the benefits of reading books, particularly in today's fast-paced world where short videos and rapid media consumption dominate the attention spans of one and all.



Reading has been proven to reduce anxiety and other psycho-social issues, offering soothing benefits both to the mind and soul. It improves concentration, enhance sleep, and promote overall mental well-being. Additionally, children with ADHD have shown improvement through regular reading, making it a valuable tool for their development.

As part of the event, Book Connection-Our Enthusiastic Book Club has been donating books to schools and Child Care Institutions in the region. Moreover, the club organized book reading sessions with children enrolled at *Zaiba Aapa Institute of Inclusive Education Bijbehara*, where they had the opportunity to explore stories and develop their focus and attention span.

The day marked to foster a love for reading, especially among young minds, and ensure that books continue to inspire and enrich the lives of children in Kashmir.



## Two-Day Training Program on Positive Parenting

**Humanity Welfare Organization Helpline Bijbehara**, in collaboration with the **Jammu and Kashmir Association of Social Workers** and **Kashmir Women for Inclusive Development and Equality**, successfully organized a comprehensive two-day training program on positive parenting for the Referral and Field coordinators of CFS/ARC partners of UNICEF. The training was held on **May 21<sup>st</sup> and 22<sup>nd</sup>, 2024**, at the field office of JKASW Pulwama. The training was facilitated by resource persons from *Child Well-being and Guidance Centre IMHANS, Srinagar*.



The program aimed to equip coordinators with essential knowledge and practical skills in positive parenting and improving family dynamics for achieving better outcomes for children, thus fostering healthier parent-child relationships across the communities.

On **Day 1<sup>st</sup>**, the sessions covered the foundational aspects of positive parenting, focusing on its concept, importance, and strategies. **Day 2<sup>nd</sup>** went into more specialized topics, including the impact of parenting on children's mental health and how to address the unique needs of children with special needs.

The training was further enriched by the active involvement of **Ms. Fozia Nazir Consultant ADAP, UNICEF** and **Mr. Nasir Nazir Khan Consultant MHPSS UNICEF**, who ensured a comprehensive and well-rounded approach to the program. Their participation contributed to the smooth execution of the sessions and helped align the training with UNICEF's broader goals for child protection.

By the end of the two-day training, participants were expected to have gained a deeper understanding of positive parenting techniques, strategies for effective communication with parents, and skills for managing challenging behaviours. Additionally, participants were encouraged to develop action plans for implementing positive parenting programs within the CFS/ARC Project.



## World Environment Day

**Humanity Welfare Organization Helpline Bijbehara (HWOHL)** organized a special event to mark **World Environment Protection Day** at the **Zaiba Aapa Institute of Inclusive Education** in Bijbehara, Kashmir. The event emphasized the importance of protecting the environment, recognizing that it is not the property of any one individual, but rather a shelter for all living and non-living beings.

The event highlighted the need for inclusive policies to safeguard our environment. By working together, we can protect our surroundings and create a more conducive living space for all. As part of the event, an inclusive rally that brought together children with disabilities and non-disabled children, promoting a sense of shared responsibility for the environment. The rally started from **Zaiba Aapa Institute of Inclusive Education** and ended at **Government Middle School Semthan**, aimed to raise awareness about the importance of environmental protection.



The rally met with widespread appreciation from the local community, which commended the efforts of Humanity Welfare Organization Helpline Bijbehara for fostering inclusion in all activities at the grassroots level. The event's central message was clear: to protect the environment and safeguard humanity from the impacts of environmental degradation and harsh climatic conditions, everyone must be included in the effort.

The rally successfully conveyed the message that environmental protection is a collective responsibility, and with active participation from all members of society, a sustainable future is possible.

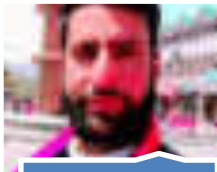




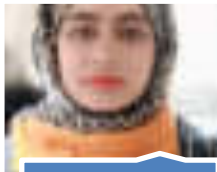
**Celebrating the Success of Zaiba Aapa Institute's Graduates:**  
**"Empowering Students with Disabilities to Achieve**  
**Class 12<sup>th</sup>, Class 10<sup>th</sup> Completion"**

Zaiba Aapa Institute of Inclusive Education Bijbehara stands as a beacon of hope and progress, where education transcends barriers and fosters an environment of opportunity for all. The institution celebrated a significant achievement as students successfully passed their Class 12<sup>th</sup> and Class 10<sup>th</sup> Education. This accomplishment is even more remarkable considering some of these students with 100% hearing and speech disabilities graduated with flying colours. The celebration marked as proud moment not only for the students but also for everyone involved in their educational journey ranging from dedicated teachers to supportive staff, each person has played a vital role in making this success possible. This achievement highlights the transformative potential of inclusive education and the unwavering commitment to nurturing the talents and dreams of every student, regardless of their challenges.

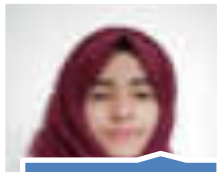
**Class 12<sup>th</sup> Pass out**



Shakir Farooq



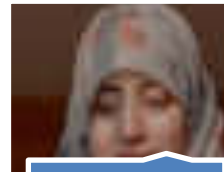
Simran Fayaz



Irtiza Nisar



Hiqmat Yaseen



Tahzeeba Hilal



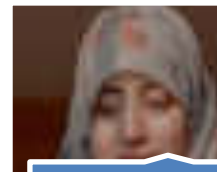
Ifla Syed



Jasmeena Bashir

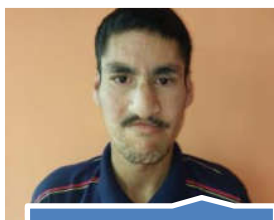


Rasik Nisar

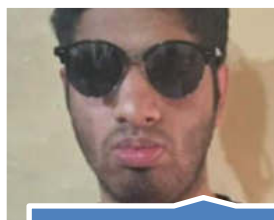


Tehzeeba Hilal

**Class 10<sup>th</sup> Pass out**



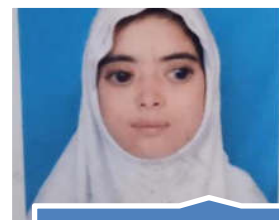
Aasim Majeed



Irfan Aijaz Turray



Malik Farzana  
Showkat



Khushboo Jan

## International Yoga Day 2024

On the occasion of International Yoga Day 2024, Humanity Welfare Organization Helpline Bijbehara organised a series of activities wherein students of *Zaiba Aapa Institute of Inclusive Education Bijbehara* participated with great zeal and zest. The celebration aimed to highlight the remarkable talents of children with



diverse disabilities enrolled at the institute, showcasing their strength, resilience, and creativity. The primary aim of the event was to highlight the abilities and talents of the children with disabilities enrolled at *Zaiba Aapa Institute of Inclusive Education Bijbehara* and to provide a platform to show that despite physical/other challenges, students could perform extraordinary feats, particularly through yoga and other related activities. The event emphasized the importance of yoga as a tool for both physical and mental well-being, fostering strength, focus, and resilience.



The event also aimed to raise awareness about the importance of inclusive education. With students of different type of disabilities, including visual and hearing impairments, as well as mobility challenges, the event was a celebration of diversity and the power of inclusivity. The students demonstrated that with the right resources, support, and encouragement, they are capable of achieving great things.

The International Yoga Day 2024 celebration at *Zaiba Aapa Institute of Inclusive Education Bijbehara* was a resounding success. It was a day of inspiration, showing the world that disabilities do not define a person's potential. The students of *Zaiba Aapa Institute of Inclusive Education Bijbehara* proved that with determination, encouragement, and the right tools, they can overcome any challenge and achieve great heights. The event was a beautiful reminder that every individual, regardless of their abilities, deserves an opportunity to shine.

## **Awareness Program on Oral Hygiene Care**

**On June 24, 2024**, Humanity Welfare Organization Helpline, in collaboration with **Government Dental College Srinagar**, organized a day-long awareness program focused on oral hygiene care for persons with disabilities and their caregivers. The event was supported by **Dr. Altaf Hussain Shah**, a key figure in the program, and attended by various prominent local figures.

**Mr. Javed Ahmad Tak, Honorary Chairman of Humanity Welfare Organization Helpline Bijbehara**, welcomed the guests and participants, emphasizing the growing importance of oral health care, especially for persons with disabilities. He stressed that individuals with disabilities require more attention to their personal hygiene, with special focus on dental and oral health.

**Dr. Altaf Ahmad Shah, Co-organizer/Resource Person** of the event, shared insights on the specific challenges faced by persons with disabilities, particularly those with intellectual disabilities, autism, Down's syndrome, cerebral palsy, and mental health issues. These conditions often lead to behavioural issues, making personal care, such as using the washroom or maintaining hygiene, particularly difficult. He further called for greater awareness among parents and caregivers regarding how to properly care for oral hygiene of persons with disabilities.



**Ms. Nusrat Aziz, Tehsildar Bijbehara**, while addressing to the participants assured that a large plot of land would soon be made available for the promotion of sports and health for children with disabilities. This initiative aims to enhance rehabilitation efforts and provide better facilities for these children. She promised that the land would be allocated within a week for development.

**Mr. Tanveer Ahmad Tanveer, Sub Divisional Magistrate of Bijbehara**, reaffirmed the sub-divisional administration's commitment to improving accessibility and empowering persons with disabilities in the region.

**Dr. Sheikh Abdul Aziz, Additional District Development Commissioner Anantnag** also assured participants that all facilities for persons with disabilities would be provided in the district to promote their overall development. He specifically highlighted *Zaiba Aapa Institute of Inclusive Education Bijbehara*, calling it a model of accessibility. He pledged further development of the institution to better serve persons with disabilities, ensuring their empowerment across all sectors. He also promised to expedite resolutions for any disability-related cases brought to his attention.

**Dr. Mushtaq Ahmad Rather, Director Health Services Kashmir**, concluded the event by



assuring that the Department of Health and Medical Education would expand its support for persons with disabilities across the entire Kashmir province. He emphasized that the workings of medical boards would be strengthened, and the process of disability certification would be made more transparent and reliable, with efforts to minimize any gaps in the current mechanisms.

The awareness program highlighted the need for comprehensive care for persons with disabilities, especially regarding their oral health, and emphasized the importance of support from both medical professionals and caregivers. The event concluded on a hopeful note, with many pledging to work together to improve the lives of persons with disabilities in the region.



## Exposure Visit of Government Degree College for Women Pulwama

Students, along with faculty members from the Department of Education at Government Degree College for Women Pulwama, visited Zaiba Aapa Institute of Inclusive Education in Bijbehara. The visit was aimed to provide the students with valuable insights into special education and the concept of inclusive education.



During the exposure visit, the students had the opportunity to interact with children with disabilities enrolled in the institute. They learned about various education, rehabilitation, and livelihood training programs being offered to these students, gaining a better understanding of how these children are supported in their education/rehabilitation journey.

Mr. Adil Rashid Vaid, Chief Functionary Officer Humanity Welafre Organisation Helpline Bijbehara facilitated the visit and delivered a welcome address to the participants. He emphasized the importance of acceptance in educational institutions for individuals with disabilities. He highlighted that every person is educable, and the key to unlocking their potential lies in accepting and supporting them, regardless of physical or mental disabilities. He also encouraged the students to consider careers in special education, noting that pursuing qualifications like B.Ed in Special Education could make them an integral part of educational activities for students with disabilities.



The staff of Zaiba Aapa Institute of Inclusive Education Bijbehara shared valuable insights into the students enrolled at the institute. They presented various success stories of children with disabilities who have successfully pursued education at the secondary, higher secondary, college, and even university levels. These stories of achievement not only inspired the visiting students but also highlighted the importance of inclusive education in empowering children with disabilities to achieve their full potential.

The visit provided a deeper understanding of the educational challenges and successes of children with disabilities and reinforced the importance of inclusive education in promoting equal opportunities for all students.

## Meeting with Commissioner Secretary, Social Welfare Department

A delegation of persons with disabilities, led by **Mr. Javed Ahmad Tak, Honorary Chairman of Humanity Welfare Organization Helpline**, and accompanied by the staff of NGO, met **Ms. Sheetal Nanda Ji, Commissioner Secretary of the Social Welfare Department**, during a public hearing at Mini Secretariat Kulgam. The delegation raised several key issues affecting persons with disabilities in the region, aiming to address long-standing challenges and improve their welfare.

**The following key concerns were discussed during the meeting:**

- **Pending ISSS Pension Cases and Arrears:** The delegation highlighted the delays in the sanctioning of pensions under the Integrated Social Security Scheme (ISSS) for persons with disabilities, urging timely disbursement of pensions and the clearance of pending arrears.
- **Implementation of Reservation in Promotion:** The delegation pointed out the lack of progress in the implementation of promotion reservations for persons with disabilities within various departments.
- **Posting of Persons with Disabilities and Caregivers:** The group requested that persons with disabilities, as well as caregivers of dependents with disabilities, be posted to positions nearest to their places of residence, in line with the guidelines of the Department of Personnel and Training (DOPT).
- **Creation of District Disability Centers:** The delegation stressed the need for establishing disability centers in every district, which would serve as support and resource hubs for persons with disabilities and their families.
- **Increase in ISSS Pension:** Drawing inspiration from the recent increase in pensions for persons with disabilities in Telangana and Andhra Pradesh, where the ISSS pension was raised to ₹5,000, the delegation urged for a similar increase in Jammu and Kashmir.
- **Implementation of 4% Reservation in JKPSC and JKSSB:** The delegation requested the implementation of the 4% reservation for persons with disabilities in the Jammu and Kashmir Public Service Commission (JKPSC) and Jammu and Kashmir Services Selection Board (JKSSB) recruitment processes.
- **Creation of Play Fields for Persons with Disabilities:** The delegation called for the creation of sports facilities and play fields dedicated to persons with disabilities, with the goal of developing athletes and Special Olympians from the region.
- **Inclusion of All Benchmark Disabilities in Job Identification Orders:** The group requested the inclusion of all 21 types of benchmark disabilities in the government's job identification orders, ensuring that persons with various disabilities are considered for government employment opportunities.
- **Notifying Circulars and Orders Related to Disability:** Finally, the delegation urged the formal notification of all circulars and orders that mention disability, ensuring proper implementation and awareness.
- **Ms. Sheetal Nanda Ji, Commissioner Secretary of the Social Welfare Department**, listened attentively to the concerns raised by the delegation and assured them that these matters would be looked into. The meeting underscored the ongoing efforts to address the challenges faced by persons with disabilities and highlighted the need for continued advocacy and policy improvements in this sector.



### **Awareness cum Counselling Session on Marriages among PwD's**

**On July 11, 2024**, a day-long counselling and awareness program on safe marriages among Persons with Disabilities was held at Zaiba Aapa Institute of Inclusive Education Bijbehara. A total of 52 participants, including persons with disabilities, caregivers, and community members, attended the program.

**Mr. Adil Rashid, Chief Functionary Officer Humanity Welfare Organization Helpline**, delivered the inaugural address and warmly welcomed the guests and participants. He introduced the participants and explained that the marriage counselling initiative has been launched to foster permanent family structures for Persons with Disabilities. The program aimed to empower the disability sector of Jammu and Kashmir both economically and socially.

**Mr. Javed Ahmad Tak, Honorary Chairman/ Founder Humanity Welfare Organization Helpline**, emphasized the organization's commitment in facilitating marriages for Persons with Disabilities and ensuring their overall empowerment. He highlighted the challenges faced by many Persons with Disabilities, particularly those who are without parental support, often leading to a life of dependency. He stressed that many individuals with disabilities face isolation and lack of financial independence, making it crucial for the community to support inclusive marriage initiatives. He introduced the **"Mission Family"** program, which not only focuses on marriage but also on providing economic empowerment through livelihood units for couples with disabilities. He further urged parents and caregivers not to overlook the importance of inclusion and to support the rights of persons with disabilities to lead fulfilling lives, including entering into marriage.

**Mr. Fayaz Ahmad Zaroo, Founder President of Humsafar Marriage Counseling Centre, Srinagar**, was the chief guest for the technical session. Mr. Zaroo addressed the audience, emphasizing that everyone has the right to marriage and should prepare them for a pure Nikah by participating in pre-Nikah training. He highlighted the importance of understanding the rights and duties of spouses according to Islamic teachings and stressed that the community must take the lead in helping Persons with Disabilities to achieve independent living with dignity. He urged families to support Persons with Disabilities who meet the necessary criteria for marriage, enabling them to perform the Nikah and live fulfilling, independent lives.

**Mr. Sujahat Farhan, Member Humanity Welfare Organisation Helpline Bijbehara**, moderated the program and presented the vote of thanks. He expressed appreciation to all the guests, speakers, sponsors, and participants for their contributions to the success of the event.

The program marked a significant step towards empowering persons with disabilities in Jammu and Kashmir by promoting safe marriages, enhancing mobility, and ensuring greater inclusion in society. The initiative highlights the ongoing efforts to create a more inclusive and supportive environment for individuals with disabilities.

### Meeting of Local Level Committee (LLC)

The first meeting of the Local Level Committee for the National Trust was held at the District Commissioner (DC) office meeting hall in Anantnag. The committee members included the **Chairperson of the committee (ADC Anantnag), Chief Medical Officer, District Social Welfare Officer Anantnag, a representative from the Medical College, a lawyer, and a representative from Humanity Welfare Organization Helpline**, alongside **Javed Ahmad Tak**.

During the meeting, the following key decisions were made to improve the welfare of persons with disabilities in the district:

- **Profiling of Persons with Disabilities:** The committee decided to start a comprehensive profiling of children and adults facing Autism, Cerebral Palsy, Multiple Disabilities, and Intellectual Disabilities (Mental Retardation). This effort will help identify and support individuals who need specialized care and resources.
- **Awareness Programs:** It was agreed that awareness programs about the National Trust Act and its schemes will be conducted in all blocks of Anantnag. These programs aim to inform communities about the available support and services for persons with disabilities.
- **Separate Ticket Counter and IQ Testing Facilities:** The committee also decided to establish a separate ticket counter and provide IQ test facilities at the District Hospital Anantnag. This initiative will help ensure better access to services for persons with disabilities and aid in the proper assessment of their needs.

This meeting marked a significant step towards ensuring the rights and welfare of Persons with Disabilities in Anantnag, with a focus on improving accessibility, raising awareness, and providing specialized services for those in need. The committee's efforts reflect a strong commitment to promoting inclusivity and supporting the disability community in the region.

### **Inclusive Picnic for Children with Disabilities**

Zaiba Aapa Institute of Inclusive Education Bijbehara, working under the aegis of Humanity Welfare Organization Helpline Bijbehara, organized a special outing for 75 children with various disabilities. This outing marked a significant milestone, as it was the first time such a large group of children with different disabilities, including cerebral palsy, autism, down syndrome, multiple disabilities, and hearing-speech disabilities, went on an inclusive picnic.

The children, many of whom use wheelchairs, were accompanied by 35 dedicated staff members on the outing. The group visited two scenic locations: **Sinthan Top** and **Daksum Valley**. These locations, known for their natural beauty, provided the children with an opportunity to experience the joy of travel and the outdoors in an inclusive setting.

This event was a memorable experience for both the children and the staff, highlighting the importance of inclusion and providing opportunities for children with disabilities to engage in recreational activities. The picnic not only brought joy to the participants but also fostered a sense of belonging and community.







## Visit of Principal Secretary to Government, Higher Education Department J&K to Zaiba Aapa Institute of Inclusive Education

On August 10, 2024, **Shri Alok Kumar (IRS), Principal Secretary to the Government, Higher Education Department, Jammu and Kashmir**, visited Zaiba Aapa Institute of Inclusive Education Bijbehara. Shri Alok Kumar was accompanied by several notable officials, including:

- **Mr. Tasaduq Hussain Mir, Director of School Education**
- **Mr. Rakesh Magotra (JKAS), Mission Director SAMAGRAH Shiksha**
- **Shri Kamal Kishore Badyal, CEO Anantnag**
- **Shri Rafaqat Ali Kasana, ZEO Bijbehara**
- **Shri Tanveer Ahmad, SDM Bijbehara**

During his visit, Shri Alok Kumar interacted with the students, faculty, and staff, and took a detailed tour of the facilities available for inclusive education.

He expressed appreciation for the efforts of the institute in providing quality education to children with disabilities. Shri Kumar emphasized the importance of inclusive education in creating a more equitable and compassionate society. He was impressed by the accessible infrastructure of the institute and announced plans to enhance support for inclusive education initiatives in Jammu and Kashmir. These improvements include upgrades to infrastructure and the introduction of training programs for educators to better equip them for inclusive teaching.



Furthermore, a redressal meeting was held with the visiting officer. During the meeting, a number of crucial issues were raised for the attention of the Department of Education. Key Points Highlighted for Redressal included:

1. **Posting of Employees with Disabilities:** According to DOPT guidelines, employees with disabilities should be posted near locations where their children with disabilities receive education or rehabilitation. This would reduce travel burdens and enhance accessibility.
2. **Challenges with Employee Relocation:** Some employees with disabilities are posted hundreds of kilometers away from their residences, creating difficulties with



transportation and room accessibility. It was emphasized that such employees should be relocated to more accessible locations.

3. **Avoiding Additional Duties:** Employees with disabilities should not be burdened with extra duties, such as MDM in charge, asset in charge, or election/census duties, unless they volunteer for such roles.
4. **Pending Regularization of Teachers with Disabilities:** The issue of pending regularization cases for teachers with disabilities was raised.
5. **Admission Challenges for Students with Disabilities:** Students with disabilities face significant difficulties in gaining admission to colleges due to the lack of special educators and sign language interpreters at these institutions.
6. **Fee Exemptions for Students with Disabilities:** A request was made to exempt students with disabilities from all fees at colleges and professional training institutes.
7. **Regularization of Special Educators:** The regularization of special educators and other resource teachers, on par with general line teachers, was urged. The appointment of special educators, rehabilitation therapists, physiotherapists, and speech therapists was also recommended to enhance the educational experience of children with disabilities, in accordance with Supreme Court orders.

As part of the visit, 15 electronic tablets were handed over to the school staff to enhance the teaching and learning process for children with disabilities. This initiative aims to improve the educational experience and provide new opportunities for digital learning.



This visit underscores the commitment of the J&K Government to prioritize inclusive education, empower children with disabilities, and create an environment where every child has the opportunity to reach their full potential.

## Training for ASHA Workers on Disability Rights and Early Identification of Children with Disabilities

On 19th August 2024, Humanity Welfare Organization Helpline Bijbehara organised a training session for ASHA workers at Frisal Tehsil in Qaimoh block of district Kulgam. The event focused on educating ASHA workers about child rights, with a special emphasis on disability rights. The session saw the participation of around 70 ASHA workers who were trained by **Mr. Sujahat Farhan**, **Ms. Samreen Tak** and **Mr. Tajamul Islam**. They conducted sessions covering crucial topics like disability rights, how to create a safe environment for children with disabilities, and how to support families in accessing necessary aids and benefits.



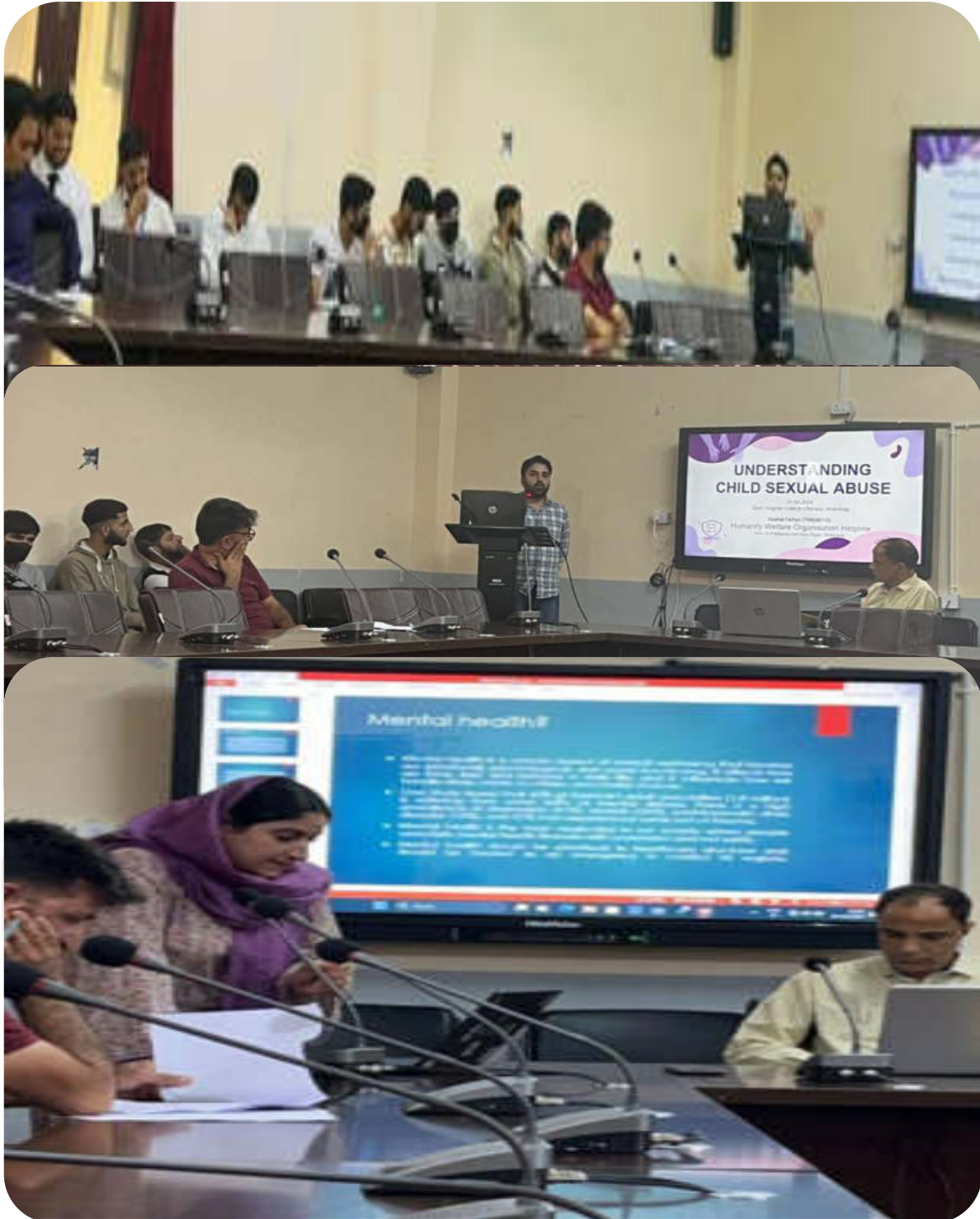
An online session by **Mr. Javed Ahmad Tak** Honorary Chairman Humanity Welfare Organisation Helpline Bijbehara further provided valuable information on the causes of disabilities in children and how to reduce the incidence of disabled births. He also highlighted the importance of ASHA workers ensuring that children with disabilities receive timely vaccinations and are included in community activities, while also ensuring they are protected from social evils like drug addiction.

He also emphasized the need for ASHA workers to advise newly married couples on maintaining a peaceful atmosphere during the pregnancy period to avoid situations that might contribute to intellectual disabilities. He urged the in-laws to avoid quarrels and smoking, and for pregnant women to steer clear of harmful substances that could impact the health of the child.

The training aimed at equipping ASHA workers with the knowledge and tools to support families with disabled children, ensuring they receive the necessary care, assistance, and rights. The event was a crucial step towards promoting inclusive child rights and enhancing the overall welfare of children with disabilities in the region.

### **One-Day Workshop on Child Sexual Abuse and Protection Measures**

On 22nd August 2024, Degree College Utrusso Shangas hosted a one-day workshop focused on child sexual abuse and children in need of care and protection. Resource persons Ms. Samreen Tak and Mr. Sujahat Farhan conducted insightful sessions during the workshop. Ms. Samreen Tak addressed the mental health needs of children in current times, while Mr. Sujahat Farhan provided valuable information on protection measures to prevent child sexual abuse. The workshop aimed to raise awareness and equip attendees with essential knowledge to better safeguard children's rights and well-being.





## Annual Inclusive Sports Festival

On 24th August 2024, Humanity Welfare Organization Helpline Bijbehara, organized a day-long **Annual Sports Festival** at the sports ground of **Government Degree College Bijbehara**. The event was held in collaboration with **Government Degree College Bijbehara and Zonal Education Office Bijbehara**. Around 250 children with different types of disabilities participated in a range of inclusive sports activities, including cricket, lawn tennis, carom, tug of war, races, and musical chairs.



The event was inaugurated by **Professor Yasmin Bashir, Principal of Government Degree College Bijbehara**, who emphasized the resilience and courage of children with disabilities, acknowledging that sports play a significant role in their development. She expressed her support for the festival, noting that it aimed to raise awareness among college students about the capabilities of children with disabilities and to promote the idea that disability should not hinder participation in physical activities.

**Mr. Adil Rashid Chief Functionary of Humanity Welfare Organization Helpline Bijbehara**, delivered a welcome note at the inaugural session. He stressed the importance of inclusion and encouraged college students to volunteer as scribes or writers for visually and orthopedically disabled students. He highlighted the need for more youth involvement in the disability sector to ensure that students with disabilities do not face discrimination or segregation.



**Mr. Rafakat Ali Kasana Zonal Education Officer**, praised the Zaiba Aapa Institute of Inclusive Education for its role in creating an inclusive educational environment for students with disabilities. He emphasized the government's commitment to strengthening inclusive education through the SAMAGRAH mission and pledged to continue supporting the education and empowerment of children with disabilities.



**Ms. Nusrat Aziz Tehsildar Bijbehara**, who was the chief guest at the valedictory function, commended the efforts of the Humanity Welfare Organization Helpline Bijbehara for transforming the disability sector in Jammu and Kashmir. She assured that Bijbehara would be the first tehsil in the region to establish a stadium for persons with disabilities and a special recreation center, providing youth and children with disabilities the opportunity to participate in local, district, state, and national-level sports events.

All participating students with disabilities were felicitated for their achievements, and media personnel and guests were presented with certificates of appreciation.



**Mr. Sujahat Farhan Coordinator Humanity Welfare Organization Helpline Bijbehara**, delivered the vote of thanks, highlighting that physical or mental disabilities should not be seen as a punishment, but as a strength, as demonstrated by the students' performances. He also acknowledged the commitment of the teachers who escorted the students, as well as the staff of the Zaiba Aapa Institute of Inclusive Education Bijbehara for their dedication to grooming children with disabilities.

The event successfully showcased the talent of children with disabilities, providing them with a platform to compete and demonstrate their abilities, while also promoting awareness and inclusion in the community.



### Assessment Camp for Persons with Disabilities

Humanity Welfare Organization Helpline, in collaboration with Ray Rise Bionics from Bangalore, organized a special assessment camp for Caliper AFO (Ankle Foot Orthosis), KFO (Knee Foot Orthosis), and artificial limbs. The camp, held to provide essential support for persons with disabilities, successfully assessed the needs of 60 individuals.

The camp aimed to provide customized mobility aids and prosthetic devices to those in need, enhancing their ability to lead independent lives. The event highlighted the commitment of both organizations to improve the lives of people with disabilities by offering them access to necessary medical aids and ensuring a better quality of life.



## Felicitation Ceremony for Stakeholders



On 28th August 2024, Humanity Welfare Organization Helpline organized a felicitation event to honor key stakeholders at the grassroots level for their exceptional contributions to child and disability rights. The ceremony recognized the efforts of individuals and organizations working to promote inclusion, accessibility, and equality for children and persons with disabilities.

A special highlight of the event was the recognition of students who supported their peers with disabilities by volunteering as scribes and helpers during exams. Their commitment to assisting students with disabilities was acknowledged as a crucial step in ensuring equal educational opportunities.

The felicitation aimed to celebrate and encourage continued efforts toward creating an inclusive environment for children and individuals with disabilities.



### **SVEEP Program on Accessible Elections**

The District Election Office Anantnag organized a Special Voter Education and Electoral Participation (SVEEP) program at Zaiba Aapa Institute of Inclusive Education Bijbehara. The program brought together persons with disabilities, ICDS Workers, ASHA Workers, VLWs, and Employees from Rural Development and Sports Office. The theme of the program was "**No Voter Should Be Left Behind**," aiming to promote inclusive electoral participation.



The event was inaugurated by **Mr. Akhter Hussain Kasana, SVEEP Nodal Officer Srigufwara Bijbehara**, who addressed the participants and encouraged all voters in the Srigufwara-Bijbehara constituency to exercise their right to vote, emphasizing that voting is the strongest power in the hands of the people, and voters with disabilities should feel empowered to participate in the democratic process without any hindrances.

**Mr. Ayash Ahmad Bhat, A Person with Disability**, spoke about the rights of persons with disabilities, asserting that they should not be treated differently from other voters. He urged the government to ensure the necessary facilities for disabled voters, so they can vote without facing obstacles.

**Mr. Javed Ahmad Tak, Honorary Chairman Humanity Welfare Organisation Helpline Bijbehara**, highlighted various facilities provided by the Election Commission for voters with disabilities. These include accessible ramps, separate toilets, crèches, transport provisions, drinking water facilities, medical kits, signage for guidance, and the availability of wheelchairs at every polling booth. He also informed the attendees about the Saksham application, which helps voters with disabilities access facilities like transport, assistance at polling stations, and printing of the disability logo on voter IDs. He encouraged all voters with disabilities to download the app and make use of these resources. Furthermore, he called on the district administration to include resource persons with disabilities in training programs to sensitize polling staff about the needs of disabled voters and to advocate for accessibility in election materials and campaigns. He also emphasized that the participation of persons with disabilities in the electoral process is vital for true inclusion in society. He urged all disabled voters, particularly women, to cast their votes and engage in the democratic process, as their participation is essential for achieving full inclusion.



**Mr. Rafaqat Ali Kasana, Zonal Education Officer Bijbehara,** reaffirmed the Election Commission's commitment to ensuring 100% participation of voters with disabilities. He encouraged them to take advantage of the facilities provided and proudly cast their votes.

The program also featured cultural and electoral education performances by students from **Government High School Semthan, Zaiba Aapa Institute of Inclusive Education,** and **Nice Higher Secondary School, Bijbehara.** These performances helped raise awareness about the importance of voting and electoral participation among students and the community.



The event concluded with a vote of thanks by **Mr. Sujahat Farhan.**

This SVEEP program successfully highlighted the importance of accessible elections and ensured that persons with disabilities are empowered to participate in the upcoming elections, reinforcing the principle that no voter should be left behind.

## Comprehensive Training Program of ASHA Workers

From 6th August to 7th September 2024, Humanity Welfare Organization Helpline Bijbehara organized a comprehensive training program for over 400 ASHA workers across Kulgam district. The training was spread over seven phases in various medical blocks, including Qaimoh, Damhall Hanjipora, Devsar, Kulgam, Qazigund, Frisal, and Yaripora, aimed at minimizing disability among newborns and raising awareness about disability rights.



The inaugural session on 6th August 2024 at Sub District Hospital Yaripora saw the participation of 59 ASHA workers. Subsequent sessions included training at locations like Laram Gangi Pora (51 participants), Primary Health Centre Srandoo Kulgam (66 participants), and various other centers, with the concluding session held at Primary Health Centre Qazigund, where 55 ASHA workers participated.

The training was led by resource persons from Humanity Welfare Organization Helpline, including **Mr. Sujahat Farhan**, **Ms. Samreen Tak**, **Mr. Sajad Shabnam Rahi** and **Mr. Tajamul Islam**. The key focus of the sessions was to educate ASHA workers on preventing birth defects, preparing disability certificates, accessing prosthetic aids, and ensuring access to social security schemes for children with disabilities.





**Key highlights from the training included:**

**Ms. Samreen Tak** emphasized the importance of gender equality and the health and hygiene of children. She informed ASHA workers about the schemes of ICDS and how to help families apply for disability certificates online.

**Mr. Tajamul Islam** discussed the importance of mental health for children and introduced the district's mental health programs. He also provided guidance on the Integrated Social Security Scheme and how to apply online for benefits.

**Mr. Sujahat Farhan** raised awareness about Mission Vatsalya and its services through the Child Welfare Committee and Juvenile Justice Board, as well as the Nirmaya Scheme for children and adults facing disabilities like cerebral palsy and autism.

**Mr. Sajad Shabnam Rahi** trained ASHA workers on focal points for assistance with mobility aids, including wheelchairs, hearing aids, crutches, and artificial limbs.





In an online session, **Javed Ahmad Tak**, Founder Humanity Welfare Organization Helpline Bijbehara, spoke about inclusive child rights and the importance of ensuring that children with disabilities receive timely vaccinations and do not fall victim to social evils like drug addiction. He also highlighted the role of ASHA workers in counseling newly married couples to maintain a peaceful atmosphere during pregnancy to avoid potential intellectual disabilities in children.

Through this training, Humanity Welfare Organization Helpline created a record of sensitizing over 1,000 ASHA and ICDS workers about disability rights and empowering them to foster the inclusion of children with disabilities in society.



## Cleanliness Drive

On the occasion of *155th Gandhi Jayanti* and *National Day for Swachhta Hi Seva Hai*, **Humanity Welfare Organization Helpline Bijbehara**, in collaboration with Municipal Committee Bijbehara, organized an awareness program in Semthan Bijbehara. The program was attended by around 50 participants, including the staff of Humanity Welfare Organization Helpline Bijbehara, children with different types of disabilities from Zaiba Aapa Institute of Inclusive Education Bijbehara, and the team from Municipal Committee Bijbehara.



As part of the program, participants engaged in a cleanliness drive, where they cleared a one-kilometer stretch of highway from wild cannabis plants. The cannabis weeds were cut and safely destroyed at the designated dumping site. During the event, the children with disabilities were provided with valuable information about the harmful effects of cannabis and the importance of maintaining a clean environment for a healthy life.



The children and participants took an oath to dedicate time to keep their homes and workplaces clean and green. They committed to using dustbins for waste disposal, disposing of rubbish at proper dumping sites, avoiding polythene and plastic, and opting for eco-friendly alternatives such as jute and paper carry bags.

In line with the spirit of this initiative, the organizers decided to hold monthly cleanliness drives in educational institutions, further promoting a culture of cleanliness and environmental responsibility.

This event not only emphasized the importance of environmental conservation but also highlighted Humanity Welfare Organization Helpline's ongoing efforts to raise awareness about disability rights and environmental awareness in the community.





## World Cerebral Palsy Awareness Day

On the occasion of World Cerebral Palsy Awareness Day, **Humanity Welfare Organization Helpline Bijbehara** organized a *Fitment Camp for Persons with Disabilities, including those affected by Cerebral Palsy*. The camp saw the participation of around 75 individuals who benefited from the initiative.



A total of **90 assistive devices**, including *artificial limbs, ankle-knee orthosis, and knee-foot orthotics*, were distributed to deserving *persons with disabilities* free of cost. These devices were provided after a thorough assessment of *100 persons with disabilities in September 2024*, with *75 persons with disabilities* found eligible for the devices. The devices, produced using advanced digital technology, were fabricated by **Ray Rise Bionics Bangalore** and transported to **Humanity Welfare Organization Helpline Bijbehara** for distribution.



The fitment camp included a series of trials to ensure the proper fit and functionality of the devices, which were tailored to meet the specific needs of each beneficiary. The initiative highlighted the collaborative effort to provide quality rehabilitation aids to individuals with severe disabilities.

**Humanity Welfare Organization Helpline** Bijbehara emphasized its commitment to empowering persons with disabilities at all levels, ensuring they have access to necessary resources and support without the burden of financial costs. The camp was part of a broader effort to reach individuals in remote and border areas of Jammu and Kashmir, ensuring that those with severe disabilities receive the care and devices they need for rehabilitation. The beneficiaries of the camp expressed their heartfelt gratitude to **Humanity Welfare Organization Helpline** for their continued support and for playing a pivotal role in the overall rehabilitation of persons with disabilities in the region.

## Two-Days Workshop on Assistive Technology

The **University of Kashmir**, in collaboration with **Humanity Welfare Organization Helpline Bijbehara**, organized a **Two-Days Workshop on Assistive Technology** aimed at enhancing the learning experience of students with disabilities. The workshop, focused on equipping educators and stakeholders with the knowledge and tools to support students with disabilities, was inaugurated by **Vice Chancellor Dr. Nilofar Khan**.



In her inaugural speech, **Dr. Nilofar Khan** emphasized the University of Kashmir's commitment to fostering inclusion and accessibility for students with disabilities. She highlighted the importance of integrating assistive technologies into educational settings to create a more inclusive learning environment where every student has the opportunity to succeed.

The workshop aimed to raise awareness about the different types of assistive technologies available for students with disabilities and how these tools can aid in their educational development. It provided hands-

on demonstrations and training sessions on various devices and software designed to support students with visual, hearing, and mobility impairments.

Humanity Welfare Organization Helpline played a crucial role in facilitating the workshop, sharing their expertise in disability rights and inclusion, and ensuring that the program aligned with the needs of students with disabilities.



The collaboration between the *University of Kashmir* and *Humanity Welfare Organization Helpline Bijbehara* underscores the growing efforts to create an inclusive academic environment in the region.

The workshop was well-received by participants, with educators, university staff, and students actively engaging in discussions and learning about the potential of assistive technology to transform education for students with disabilities.



### Exposure Visit of Students from Whizkids

On the eve of **World Mental Health Day**, students from **Whizkids Batengoo Anantnag**, participated in an exposure visit to the **Zaiba Aapa Institute of Inclusive Education Bijbehara**. The visit aimed to provide the students with firsthand experience and understanding of how children with intellectual and multiple disabilities are taught and supported.

During the visit, the students toured various classrooms where children with different disabilities were being educated. They interacted with the children and the dedicated staff, who demonstrated the unique teaching methods and approaches used to support the children's learning and development.



The exposure visit was further enriched by a session on mental health and the prevention of drug addiction, conducted by **Mr. Adil Rashid, Chief Functionary of Humanity Welfare Organization Helpline**, and **Mr. Tajamul Islam Referral Coordinator CFS/ARC**. The session focused on the importance of mental well-being, especially for young people, and the need for awareness and prevention regarding drug addiction.



The students were also introduced to **Humanity Welfare Organization Helpline Bijbehara**, learning about its establishment, mission, and ongoing work in empowering people with disabilities and promoting inclusion. The visit provided valuable insights into the challenges faced by children with disabilities and the importance of a supportive educational environment.

The students and staff of **Whizkids** expressed their gratitude for the opportunity and showed their enthusiasm to return for future visits. They appreciated the work being done at **Zaiba Aapa Institute of Inclusive Education Bijbehara** and vowed to continue learning from the experiences and lessons shared during the visit.





## Distribution of School Bags and Education Stationary Items

**Humanity Welfare Organization Helpline, Bijbehara**, in collaboration with **Donatekart**, organized a distribution event for children with disabilities. This initiative aimed to provide support to children with disabilities by ensuring they have the necessary resources for their education.

The event saw the distribution of school bags to numerous children, helping them prepare for the academic year ahead. The school bags, which were provided free of cost, were tailored to meet the needs of the children, ensuring they have the right materials to carry their books and learning essentials.



**Humanity Welfare Organization Helpline, Bijbehara** expressed its gratitude to **Donatekart** for their support in making this distribution possible. The bags serve as a small yet impactful gesture to help reduce the financial burden on families and ensure that children with disabilities have equal access to educational opportunities.

The children and their families expressed their heartfelt thanks for the initiative, recognizing the importance of such efforts in empowering children with disabilities and enabling their participation in school life with dignity. The distribution event further emphasized the commitment of both **Humanity Welfare Organization Helpline Bijbehara** and **Donatekart** to promoting inclusion and supporting the education of children with disabilities in the region.

### Picnic for Children with Disabilities

The children with disabilities enrolled at **Zaiba Aapa Institute of Inclusive Education Bijbehara** had a delightful day out at Pahalgam, as part of a special picnic organized by the institute. The scenic beauty of Pahalgam provided a perfect backdrop for the children to enjoy a day of fun, adventure, and inclusivity.

The picnic was designed to offer the children a much-needed break from their daily routines, allowing them to explore the outdoors, connect with nature, and engage in various recreational activities. The children, along with their teachers and staff, participated in games, music, and shared moments of joy while appreciating the natural beauty of Pahalgam.



This event not only provided an opportunity for the children to bond with one another but also promoted the idea of social inclusion and equal opportunities for children with disabilities. It was an enriching experience that highlighted the importance of creating spaces where children, regardless of their abilities, can have equal access to recreational and social activities.

The event was a testament to **Zaiba Aapa Institute of Inclusive Education Bijbehara** commitment to ensuring that children with disabilities are included in every aspect of life, from education to recreation, creating an environment where they can thrive and enjoy life to the fullest. The picnic at Pahalgam was an unforgettable experience, filled with laughter, excitement, and lasting memories for all the participants.







## Training of Teachers on Positive Discipline in Schools

Three-days training series focused on "**Positive Discipline in Schools**" for Government Teachers was inaugurated on **03-11-2025**, marking a significant step toward building inclusive, supportive, and safe learning environments in schools. The training was organized by **Humanity Welfare Organization Helpline Bijbehara (HWOHL)** in collaboration with **UNICEF India**. The training aimed at empowering teachers with effective methods for managing student behavior constructively and inclusively.

The inaugural session was held at the HWOHL office in Semthan, Bijbehara, with notable participants including:

- **Mr. Hilal Bhat, Child Protection Specialist, UNICEF India**
- **Mr. Muzaffar Ahmad Malik, District Child Protection Officer, Anantnag**
- **Mr. Rafaqat Ali, Zonal Education Officer, Bijbehara**
- **Mr. Tanveer Ahmad, Sub-District Magistrate, Bijbehara**
- **Ms. Nuzhat Jan, Tehsildar, Bijbehara**

*In presence of Master Trainers:*

- **Dr. Farukh Faheem**
- **Mr. Sujahat Farhan**
- **Ms. Mehfishaan Gull**

**Mr. Javed Ahmad Tak, Honorary Chairman Humanity Welfare Organisation Helpie**, delivered the inaugural address, emphasizing the need for inclusion, especially for children with disabilities. The training aligns with the goals outlined in India's National Education Policy (NEP) 2020, which stresses the importance of holistic development, inclusivity, and emotional well-being in education.

The sessions emphasized the importance of positive discipline in creating school climates that are safe, respectful, and motivating for students. Over the course of the three days, the training series will cover techniques for nurturing self-discipline, responsibility, and emotional skills in students, empowering teachers to manage classrooms with respect and understanding. The initiative responded to the growing need for child-friendly educational settings and is in line with guidelines from the National Commission for Protection of Child Rights (NCPCR). It sought to equip teachers in Anantnag with the skills necessary to foster inclusive learning environments, ensuring that all students, regardless of their background or abilities, feel safe, valued, and supported in their educational journey.



The three-day training on ***Positive Discipline in Schools*** marked a significant milestone in the journey toward creating safer, more inclusive, and emotionally supportive educational environments in Anantnag. By equipping government school teachers with child-centred, respectful, and constructive discipline strategies, the initiative not only aligns with national education reforms but also addresses the growing need for mental well-being and inclusivity in classrooms.



The collaboration between **Humanity Welfare Organization Helpline** and **UNICEF India**, with the active involvement of local education and administrative stakeholders, reflects a shared commitment to transforming the culture of discipline in schools - from one rooted in punishment and control to one based on empathy, understanding, and empowerment.



## **Inclusive Cricket Match for Cricketers with Visual Disabilities**

A friendly cricket match featuring **20 cricketers with visual disabilities** was hosted at **Government Degree College (GDC) Baramullah on 12th November 2024**. The match was organized by the *College's Inclusion Committee on Disability*, in collaboration with the *Physical Education Department*, and facilitated by *Humanity Welfare Organization Helpline Bijbehara* and *Blind Welfare Trust*.

The 20 cricketers, divided into two teams - **SB Titans** and **Rising Stars** - played a thrilling match. SB Titans, led by Captain Showkat Ahmad Lone, won the toss and chose to bowl first. Rising Stars set a target of 104 runs in 10 overs, with Captain Mohammad Abid Nayak scoring an impressive 46 runs. Ghulam Mohiuddin took 6 wickets, showcasing his skills. SB Titans successfully chased down the target in 9 overs and 4 balls, defeating Rising Stars by 5 wickets. Ghulam Mohiuddin Sheikh was named the Man of the Match for his exceptional performance.

The Principal of Government Degree College Baramullah, who was the chief guest at the event, praised the college's commitment to the development of students with disabilities. She emphasized that the college is deeply sensitive to the needs of students with disabilities and ensures they are treated with empathy and given equal opportunities - *"We have an Inclusion Committee dedicated to addressing the requirements for accessibility and inclusion for students with disabilities. When approached by Humanity Welfare Organization Helpline to organize this match, we immediately took action to provide medals, trophies, and refreshments for the participants."*



The **Inclusion Committee In-charge, Ms. Asiya Zahoor**, further expressed that the college is committed to removing barriers and ensuring equal access to education and other services for students with disabilities. *"The event has created greater awareness and sensitization regarding the challenges faced by individuals with visual disabilities,"* she said highlighting the committee's ongoing efforts to enhance the accessibility features of the college's infrastructure and website.

The match brought together players from across the Kashmir Division, with the *District Social Welfare Officer*, following instructions from the *Additional Deputy Commissioner (ADC) of Baramullah, Mr. Zahoor Ahmad Raina*, and providing accommodation for the participants at *Rohama Home* in *Rafiabad*. The players with visual disabilities expressed their appreciation for the support provided by the district's social welfare officers and the home's superintendent, who ensured reasonable accommodation, along with dinner and breakfast facilities.

This event not only celebrated the sporting talents of cricketers with visual disabilities but also served as a powerful reminder of the importance of inclusivity in sports and education. By facilitating such events, GDC Baramullah and its partners are fostering a culture of accessibility, equality, and awareness for individuals with disabilities.



## Inclusive Children's Day

An inclusive Children's Day event was organized by **Humanity Welfare Organization Helpline Bijbehara (HWOHL)** in collaboration with **Radiant Public School Batengoo, Anantnag**. The event aimed to foster inclusivity and break barriers between children with and without disabilities. Approximately *100 children with different types of disabilities* from **Zaiba Aapa Institute of Inclusive Education, Bijbehara**, and *50 students* from **Radiant Public School Batengoo** participated in an artistic event titled "**Art on One Mat**," where children worked together on a shared canvas, creating a space for mutual understanding and interaction.



The event's purpose was to promote the inclusion of children with disabilities into mainstream activities, helping to change perceptions and eliminate stereotypes about disabilities. **Mr. Aadil Rashid Vaid, Chief Functionary, Humanity Welfare Organization Helpline Bijbehara** presented the inaugural address. He highlighted the organization's long-standing efforts since its inception in 2003 to advocate for the rights of people with disabilities. He emphasized that events like these were essential to sensitizing the community and fostering an environment of inclusion. He explained how the non-disabled children from Radiant Public School gained firsthand experience of the challenges and strengths of children with disabilities, learning that art is not about physical strength but the courage to express oneself creatively.

The event was formally inaugurated by **Mr. Sajad Ahmad Gadoo, Chairman of Radiant Public School**. He praised **Zaiba Aapa Institute of Inclusive Education Bijbehara** for its pioneering role in creating inclusive educational environments for children with disabilities.



*"District Anantnag is proud of having such an institution, and I promise that we will work towards creating further inclusivity in our own school, including the construction of ramps and disability-friendly facilities," said Mr. Gadoo. He also assured that **Radiant Public School Batengoo** would collaborate with **Humanity Welfare Organization Helpline Bijbehara** to empower people with disabilities and showcase their abilities.*



The Chief Guest, **District Child Protection Officer Anantnag** emphasized the importance of including children with disabilities in all aspects of life. He recognized the students of Zaiba Aapa Institute of Inclusive Education as role models, noting their achievements in sports, art, and music at the district, state, national, and international levels. He credited Humanity Welfare Organization Helpline Bijbehara for its tireless efforts to uplift the disability sector and change societal attitudes toward disability. He called on the public to actively include children with disabilities in education, sports, and other activities, ensuring that they grow into productive members of society rather than being seen as burdens.





As part of the event, a counseling session was held for the students of Radiant Public School. Mr. Sujahat Farhan Coordinator Humanity Welfare Organization Helpline sensitized the students about various mental health issues, importance of Mental Health, Coping strategies. The session was well received by both students and teachers, with many expressing the desire for further training and counseling sessions in the future to benefit all students.



The event concluded with a vote of thanks presented by Mr. **Sujahat Farhan**. Each participant was presented with an appreciation certificate marking the successful conclusion of an inclusive and enlightening Children's Day celebration.

This event highlighted the power of collaboration between schools, organizations, and communities to create a more inclusive society for children of all abilities.







## International Children's Day

*Humanity Welfare Organization Helpline Bijbehara (HWOHL)* celebrated the **20th International Children's Day** in collaboration with *Government Middle School Dadipora*. The celebration, hosted at the CFS/ARC Centre, brought together students, parents, community members, ICDS workers, and dignitaries to commemorate the day and highlight the significance of children's education and upliftment.



The event served as a platform to discuss the importance of providing children with equal opportunities and access to quality education, while also ensuring their protection from exploitation. Emphasizing child rights, the discussions focused on creating a supportive environment for children's overall development - *educationally, socially, and emotionally*.

The students played an active role in the celebrations, showcasing their talents through cultural performances that brought energy and vibrancy to the event. Interactive sessions encouraged active participation from the audience, fostering an atmosphere of shared learning and engagement. Parents and community members also expressed their dedication to creating nurturing and supportive spaces for the younger generation to thrive.



The event provided an opportunity for stakeholders to reflect on their responsibilities toward ensuring every child's right to education and protection. The stakeholders praised the efforts of the CFS/ARC Centre, acknowledging the center's role in raising awareness about the rights of children and its continuous efforts to provide an inclusive, child-friendly space for learning and development.

The 20th International Children's Day celebration hosted by Humanity Welfare Organisation Helpline Bijbehara and Government Middle School Dadipora was a testament to the collective commitment of the community in safeguarding children's rights and promoting holistic education. The event was an important reminder of the need for ongoing support and advocacy to ensure that every child, regardless of their background or abilities, has access to a brighter future.





## Participation in PRATYeK's Child Rights Week

The **Children's Parliament**, or **Bal Sansad**, is a unique platform in India that empowers children to discuss and advocate for their rights, helping them become informed and active citizens.



**Mr. Saliq Javaid**, a child advocate from Kulgam district, Jammu and Kashmir, along with **Mr. Tajamul Islam Referral Support Coordinator**, participated in *PRATYeK's Child Rights Week* event held in Delhi. The event, held from *November 12 to 20*, saw children from 20 different states across India gather to celebrate *Child Rights Day* and express their gratitude to both the ruling (NDA) and opposition (INDIA) parties for incorporating child rights into their political manifestoes.

During the event's press conference, the children presented their observations and recommendations to the media, urging support for the rights of over 400 million children in India. The children called for greater attention to child rights, advocating for a better future for the nation's youngest citizens. **Mr. Saliq Javaid**, along with other child representatives, formally shared their views and recommendations on the *UPR (Universal Periodic Review)* process, presenting them to diplomats from Holy See, Ghana, Ireland, Iraq, and other countries including France, Singapore, the UK, and Hong Kong.

**Mr. Saliq Javaid**, a member of the National Inclusive Children's Parliament, highlighted the urgent need for better access to resources for children from tribal communities, particularly children with disabilities. *"Inclusion is crucial for these children, and we must ensure that*

*their voices are heard and their rights respected," said Saliq during his presentation.*

**Mr. Tajamul Islam Referral Coordinator**, played a key role in assisting **Mr. Saliq Javaid** from the **Child Friendly Spaces - Adolescent Resource Centre Humanity Welfare Organization Helpline Bijbehara** in joining this important event. The initiative allowed children to express their concerns and suggestions regarding child rights and welfare, reinforcing the importance of collaboration among political parties, government entities, and international bodies.



The sessions at the event featured lively discussions, critical thinking, and respectful debates among the children. The discussions fostered empathy and a deeper understanding of governance, child rights, and inclusive development.

The event not only raised awareness about the importance of child rights but also highlighted the need for greater inclusion of marginalized children, especially those with disabilities. It was a step towards a more inclusive, child-friendly society where every child has access to the resources and opportunities they deserve.



## International Day for Persons with Disabilities

Humanity Welfare Organization Helpline Bijbehara organized a special event on **3<sup>rd</sup> December 2025** to mark the **International Day for Persons with Disabilities**. The event saw the participation of hundreds of persons with disabilities and was graced by presence of notable dignitaries from various sectors of Government and Civil Society.

The celebrations featured a day-long capacity show by children and youth with disabilities, with around 300 participants showcasing their talents and skills. The programme was attended by prominent figures such as **Additional District and Sessions Judge Ms. Masarat Roohi, MLA Bijbehara Dr. Bashir Ahmad Veeri, MLA Pulwama Waheed U. Rahman Parra, Additional District Development Commissioner Anantnag, Tehsildar Bijbehara, Principal Government Degree College Bijbehara, Zonal Educational Officer Bijbehara**, and other key administrative officials.



The event began with **welcome address by Mr. Javed Ahmad Tak, Honorary Chairman Humanity Welfare Organization Helpline Bijbehara**, who warmly welcomed the guests and participants. He provided a comprehensive introduction to the significance of World Disability Day and highlighted the challenges faced by persons with disabilities in Jammu and Kashmir. He called for urgent attention to key issues such as education, employment, accessibility, and political reservation for persons with disabilities, urging government authorities to prioritize these areas for the betterment of the disability sector.

Further, the event witnessed a captivating performance by two young singers with blindness, **Mr. Yasir Ahmad Najar** and **Mr. Ishtiyak Ahmad Bhat**, whose musical talent mesmerized the audience. The children and youth with disabilities were given a platform to showcase their abilities, with many impressing the gathering with their skills and confidence.

To honor outstanding contributions within the disability sector, several individuals were recognized with appreciation certificates. The best entrepreneurs, couples with disabilities, and role models in the disability sector were acknowledged for their efforts to promote inclusion and inspire others.



**Mr. Rafaqat Ali Kasana Zonal Educational Officer Bijbehara,** assured that children with disabilities would be prioritized in the education system, emphasizing their inclusion in all educational and curricular activities.

**Ms. Nusrat Aziz Tehsildar Bijbehara** reiterated the importance of providing opportunities for persons with disabilities, announcing the allocation of land for the construction of a rehabilitation center in Bijbehara under the Humanity Welfare Organization Helpline.



**Dr. Abdul Aziz Additional District Development Commissioner Anantnag,** delivered an inspiring message, stating that disability is not a punishment, but rather the ability to cope with life's challenges. He encouraged parents to provide extra care and protection to children with disabilities, urging them not to neglect their children's potential.

**Ms. Masarat Roohi, Additional District and Sessions Judge Anantnag,** emphasized that the law treats everyone equally, and the judiciary is committed to protecting the rights of persons with disabilities. She also assured that awareness programs on disability rights would be organized by the District and Tehsil Legal Services Authorities, with para-legal workers available to assist persons with disabilities in seeking justice.



**Dr. Bashir Ahmad Veeri MLA Bijbehara,** who personally faces a hearing disability, expressed his commitment to addressing the concerns of the disability sector. He vowed to prioritize disability-related issues in the legislative assembly and pledged to allocate constituency development funds to support the underprivileged, especially those with disabilities.



As part of the celebrations, **Dr. Abdul Aziz Additional District Development Commissioner, Dr. Bashir Ahmad Veeri MLA Bijbehara, and Ms. Nusrat Aziz Tehsildar Bijbehara** inaugurated a play field for children with disabilities at Semthan Bijbehara. This new facility aims to provide a safe and accessible space for children with disabilities to engage in sports and physical activities, promoting their well-being and inclusion.



The event concluded on a hopeful note, with a commitment from all stakeholders to continue advocating for the rights and inclusion of persons with disabilities, ensuring that they are provided with equal opportunities to lead fulfilling and productive lives.

## Meeting with Social Welfare Minister Jammu and Kashmir

On 28 November 2024 a delegation of persons with disabilities, led by **Mr. Javed Ahmad Tak**, Honorary Chairman Humanity Welfare Organization Helpline Bijbehara along with

**Zahoor Ahmad Lone** (Ganderbal)

**Parvaiz Ahmad** (Srinagar)

**Syed Fayaz Ahmad** (Srinagar)

**Umar Nisar Zargar** (Pulwama)

**Javed Ahmad Tak** (Anantnag)

met the Honorable Minister for Social Welfare, Ms. Sakina Itoo, at her office to discuss several pressing issues related to the welfare of persons with disabilities in Jammu and Kashmir. The delegation raised multiple concerns and made a series of key recommendations aimed at improving the rights and living conditions of persons with disabilities.



The primary issues discussed during the meeting included:

1. **Revival of Job Identification for Aspirants with Disabilities:** The delegation called for the identification of jobs for all 21 categories of persons with benchmark disabilities. They emphasized the need for a system that actively matches available positions with the specific requirements of individuals with disabilities.
2. **Implementation of Rights of Persons with Disabilities Across All Departments:** The delegation highlighted the importance of ensuring that persons with all types of benchmark disabilities receive the benefits entitled to them under the Rights of Persons with Disabilities Act. They called for systematic implementation in every department of the government.
3. **Enhancement of Integrated Social Security Pension:** The delegation proposed an increase in the social security pension for persons with disabilities to Rs. 6000, so



that individuals can lead a sustainable and independent life without relying on the support of others.

4. **Provision of 6% Reservation in All Jobs:** The delegation advocated for the provision of 6% reservation for persons with disabilities in all types of jobs, stressing that it should be on a vertical basis and not horizontally.
5. **Special Employment Drive for Persons with Disabilities:** The delegation recommended a special employment drive for persons with disabilities, proposing an age enhancement up to 48 years to match the central government's policy, which provides an extended age limit for such candidates.
6. **Implementation of Supreme Court Orders and DOPT Guidelines for Reservation in Promotion:** The delegation urged for the implementation of Supreme Court orders and Department of Personnel and Training (DOPT) guidelines to ensure persons with disabilities are granted reservation in promotions in government departments.
7. **Job Opportunities for Multiple Disabled Persons:** The delegation requested the extension of job opportunities to multiple disabled persons, as per the Union government's job identification orders.
8. **Special Educator Recruitment and Regularization:** The delegation stressed the need for recruitment of special educators at all levels of educational institutions and the regularization of services for existing special educators working under different schemes. They also called for the regularization of their pay under the master grade salary structure.

**Ms. Sakina Itoo, the Honorable Minister for Social Welfare**, gave a patient hearing to the delegation's concerns and assured them of her full support in addressing these issues. She expressed her commitment to working towards the enhancement of social security pensions for persons with disabilities in the shortest possible time frame. The Minister also assured the delegation that the concerns related to job reservations, employment drives, and the implementation of Supreme Court orders would be taken into consideration by the government.

The delegation expressed appreciation for the Minister's receptiveness and commitment to supporting the disability community in Jammu and Kashmir.

The meeting ended on a positive note, with the delegation expressing hope that the government's actions would align with the demands put forth for the betterment of persons with disabilities across the region.

### Eye Check-up Camp for Children with Disabilities

On 30 November 2024, Humanity Welfare Organisation Helpline Bijbehara in collaboration with ICICI Lombard organized a comprehensive eye check-up camp for children with disabilities at **Zaiba Aapa Institute of Inclusive Education Bijbehara**. The camp aimed to assess and address the eye health needs of children with various disabilities.



Around *100 children with disabilities* were screened for eye problems, and experts from the medical team evaluated their vision and eye health. The children, who required corrective measures, were identified, and it was assured that glasses would be provided within a month to those in need.



The initiative is part of ICICI Lombard's continued efforts to contribute to the welfare of children with disabilities and ensure that they receive the necessary healthcare and support

for their overall well-being. This initiative brings much-needed attention to the importance of eye health, particularly for children with disabilities who may have additional challenges.

Zaiba Aapa Institute expressed gratitude for the support provided by ICICI Lombard and reiterated its commitment to the continuous care and development of children with disabilities. The collaboration between ICICI Lombard and the institute is an example of how corporate social responsibility efforts can play a pivotal role in improving the lives of children with disabilities in Kashmir.





## Demand of Vertical Reservation for Persons with Disabilities

On 23 December 2024, a significant moment in the ongoing fight for social justice and inclusion, as various marginalized groups came together under the banner of the Reservation Revival Movement launched by **Mr. Aga Syed Ruhullah Mehdi**. The movement seeks to protect and revive the rights of historically disadvantaged communities, including Scheduled Castes, Scheduled Tribes, Other Backward Classes, and Persons with Disabilities, through the demand for vertical reservation in education and employment.



**Mr. Javed Ahmad Tak Honorary Chairman Humanity Welfare Organisation Helpline Bijbehara** highlighted the unique challenges faced by the disability community. *"Unlike other communities, persons with disabilities are physically restricted from doing hard manual labor, yet they continue to face neglect and exclusion," he said. "In such circumstances, education and gainful employment become the only sustainable means to live a dignified life."* He stressed that positive discrimination through vertical reservation is not a charity, but a constitutional and moral responsibility. *"We are not asking for sympathy. We are asking for equal opportunity. We want to be contributing members of society, not burdens. If the system provides the right support through reservation in educational institutions and government jobs, the disability sector will rise as a productive force."*

He further emphasized the urgency of creating disability-friendly infrastructure, inclusive policies, and stronger implementation of the *Rights of Persons with Disabilities Act, 2016*, which mandates 4% reservation in government jobs and education for PwDs - but often fails in practice due to bureaucratic apathy and lack of political will.

He also called on fellow activists, civil society groups, and policymakers to recognize the intersectionality within marginalization. *"Disability cuts across all religions, castes, and economic backgrounds. It is a universal condition. Therefore, our inclusion must be at the heart of every social justice movement."*

The gathering concluded with a collective pledge to continue the fight for equitable reservation and to build a society where the most vulnerable are not left behind.

## Training of Trainers on Inclusive Education

A Training of Trainers (ToT) session focusing on **Inclusive Education** under the **National Education Policy (NEP) 2020** was held at the **State Council for Research and Training (SCERT)**, Bemina, Srinagar. The session brought together educators, trainers, and policy advocates to explore the principles of inclusive education and its implementation under the NEP framework.



**Mr. Javed Ahmad Tak, Honorary Chairman Humanity Welfare Organization Helpline**, was invited as **guest faculty** to share insights from the disability sector. In his session, he provided a powerful demonstration of the barriers faced by students with disabilities in educational institutions, grounding his presentation in both lived experience and policy gaps.

*He discussed various barriers including:*

1. **Lack of Acceptance:** Many educational environments still struggle to fully accept and integrate children with disabilities, often isolating them socially and academically.
2. **Lack of Opportunities:** Students with disabilities often face limited access to quality learning materials, infrastructure, and support services.
3. **Lack of Awareness and Sensitization:** Teachers and peers are frequently unaware of the specific needs of disabled students, leading to exclusion—intentional or not.
4. **Attitudinal Barriers:** Deep-rooted biases and misconceptions about disability continue to hinder meaningful inclusion and participation.

Furthermore, he emphasized the need to abandon a tunnel vision approach and instead adopt a broader, inclusive lens in education. *“Inclusion is not just about placing children with disabilities in classrooms,”* he said. *“It is about transforming the system so that every child, regardless of ability, can thrive.”*

He further urged trainers and educators to become advocates for inclusive environments and to use their roles to challenge systemic discrimination. The session concluded with a call to action for schools and institutions to uphold the NEP 2020’s vision of **equitable, inclusive, and accessible education for all**.





## World Hearing Day

On the eve of **World Hearing Day**, **Humanity Welfare Organisation Helpline Bijbehara**, in collaboration with **Government Medical College Anantnag**, **District Early Intervention Centre (DEIC) Anantnag**, and the **Departments of ENT and Community Medicine**, organized a Screening and Awareness Camp on Hearing Loss.



The event aimed to promote ear and hearing care, raise awareness about hearing loss, and provide free screening and consultation services to the community. *106 children with disabilities* benefited from the free screening and consultation services provided by a team of experts from Government Medical College Anantnag.

The event featured a keynote address by **Mr. Javed Ahmad Tak Honorary Chairman Humanity Welfare Organisation Helpline Bijbehara**, who emphasized the importance of early detection and intervention in addressing hearing loss. He highlighted the need for a multi-sectoral approach to make ear and hearing care accessible to all.

Speaking on the occasion, **Dr. Muzaffar , Senior Resident Community Medicine Government Medical College Anantnag** emphasized on the importance of ear and hearing care, saying, *"Hearing loss can have a significant impact on an individual's quality of life. It is essential that we make ear and hearing care a priority, and ensure that these services are accessible to all."*

The event concluded with a vote of thanks by **Mr. Sujahat Farhan**, who expressed gratitude to Government Medical College Anantnag, DEIC Anantnag, Departments of ENT and Community Medicine and participants who made the event a success.





## Mega Hearing Aid Distribution Camp

On 21 March 2025, a mega hearing aid distribution programme was successfully held at the **Zaiba Aapa Institute of Inclusive Education, Semthan, Bijbehara**. The event was jointly organized by **Voluntary Medicare Society Srinagar**, in collaboration with **Humanity Welfare Organization Helpline**, Bijbehara, with the aim of empowering individuals with hearing impairments across age groups.



As part of the initiative, **47 persons** - including children, youth, and senior citizens experiencing various degrees of hearing loss - were provided with **hearing aids free of cost**. The devices were generously sponsored by **Jammu & Kashmir Bank** under its **Corporate Social Responsibility (CSR)** programme, reaffirming the Bank's commitment to inclusive social development.

The atmosphere at the event was uplifting as senior citizens fitted with hearing aids expressed **immense joy and gratitude**. "We had been living in silence, confined to our rooms, disconnected from the world," said two elderly beneficiaries. "With these hearing aids, it feels like life has been restored." This distribution was more than just a health intervention - it was a step toward restoring dignity, communication, and social participation for many who had long been isolated due to hearing loss.

**Mr. Javed Ahmad Tak, Honorary Chairman Humanity Welfare Organization Helpline**, addressed the gathering, emphasizing the often - overlooked plight of persons with hearing and speech disabilities. *"These individuals face societal segregation due to labeling and underestimation,"* he said. *"Senior citizens, in particular, are the most neglected when it comes to hearing support. It's crucial that families and younger generations value their elders, spend time with them, and ensure their medical and emotional needs are met."* He also underlined the importance of **early screening and intervention** for children with



hearing impairments. *“Timely provision of hearing aids and appropriate educational support can significantly improve learning outcomes and foster true inclusion without hesitation or barriers,” he added.*

The event concluded with a strong message of **community responsibility**, medical accessibility, and **inclusion through action**. Organizers pledged to continue similar initiatives in the future and appealed for wider collaboration between civil society, government, and corporate bodies to support persons with disabilities across the region.



## World Water Day

On 22 March 2025, World Water Day was celebrated at Zaiba Aapa Institute of Inclusive Education, Bijbehara, in collaboration with the Jal Shakti Department, Bijbehara Division, hosted a vibrant and inclusive event aimed at raising awareness about water conservation and sustainability.

The program began with a **formal welcome address** by **Mr. Sujahat Farhan**, member of Humanity Welfare Organisation Helpline Bijbehara, who also skilfully moderated the proceedings. The event brought together students, educators, government officials, and disability rights advocates to promote the message of responsible water use and environmental protection.



### **Key Highlights of the Event:**

- 1. Drawing Competition:** Children enthusiastically participated in a drawing competition on the theme of water conservation, showcasing their creativity and understanding of environmental challenges.
- 2. Keynote Address:**

**Mr. Javed Ahmad Tak**, Honorary Chairman of Humanity Welfare Organisation Helpline, delivered a compelling keynote address. He spoke on the **urgent need for water conservation**, calling upon individuals to adopt **small lifestyle changes** - like fixing leaks, turning off taps when not in use, and reducing wastage—to make a big collective impact. He emphasized the importance of **government, community, and individual collaboration** in addressing water scarcity and protecting natural resources.

- 3. Inclusive Water Pledge:**

**Mr. Ishfaq**, District Programme Manager, Jal Shakti Department, elaborated on

the significance of World Water Day and administered a **water conservation pledge** to all attendees. Notably, the pledge was also demonstrated through **sign language** by **Mr. Mudassir Sign Language Interpreter**, reflecting the event's commitment to **inclusion and accessibility**.

#### 4. Skit on Water Depletion:

Students performed a **thought-provoking skit** portraying the consequences of irresponsible water use and offering practical solutions to mitigate environmental harm. The performance was well-received and stirred important reflections on sustainability.

The event also served as a platform to **honor achievements** of two inspiring individuals with disabilities i.e. **Mr. Sharik Majeed**, an alumnus of Zaiba Aapa Institute, was lauded for representing **India in an international cricket tournament** and **Mr. Kaiser Javaid**, a young author, was recognized for writing the book "**My Rational Choice**", an inspiring testament to resilience and intellect.

Children received **mementos and medals** in recognition of their participation and contributions.

The celebration concluded with **refreshments** and a **vote of thanks** delivered by **Mr. Aadil Rashid Vaid**, Chief Functionary Officer of Humanity Welfare Organisation Helpline Bijbehara, who expressed heartfelt gratitude to all **guests, students, and collaborators** for making the event a success.





# HELPLING

THOSE WHO ARE IN NEED



*Joined hands  
for  
Collaboration*



**maa**

## Distribution of Hearing Aids among Children/Persons with Disabilities

In observance of World Hearing Disability Awareness Month, **Humanity Welfare Organization Helpline (HWOHL)**, in collaboration with **Muslim Aid Australia**, organized a day-long programme aimed at empowering persons with hearing disabilities. The event took place at office premises of Humanity Welfare Organisation Helpline Bijbehara wherein **40 high-power hearing aids** were distributed among children/persons with hearing disabilities. The initiative was designed to enhance their hearing capabilities, improve communication, and integrate them better into society.

The event began with a welcome address by **Mr. Adil Rashid, Chief Functionary Officer Humanity Welfare Organization Helpline**. He highlighted the ongoing efforts of Humanity Welfare Organisation Helpline to empower persons with disabilities educationally, socially, and politically, while also focusing on their rehabilitation and skill development. He stressed the significance of providing high-quality hearing aids to individuals who face communication barriers due to hearing impairments. He mentioned that the organization with the support of Muslim Aid Australia, are able to provide beneficiaries with the best quality, sustainable hearing aids.

The hearing aids were distributed by **Mr. Shazil Abdul Rehman, Programme Director of Muslim Aid Australia**, who interacted with the beneficiaries and shared insights about their mission. He stated that this was the first direct benefit project in India under Muslim Aid Australia's disability support initiatives. He further elaborated that Muslim Aid Australia follows a rigorous process of verification before selecting organizations for collaborations. After extensive evaluation, Humanity Welfare Organisation Helpline was found to be the most credible and impactful organization in Jammu and Kashmir, India, with over 20 years of experience in empowering persons with disabilities through a holistic developmental approach.

**Mr. Javed Ahmad Tak, Honorary Chairman of Humanity Welfare Organisation Helpline**, addressed the gathering, emphasizing the life-changing impact of quality aids and appliances. He explained that communication barriers often lead to social isolation and segregation for individuals with hearing disabilities. However, with advanced hearing aids, they can engage more actively in education, work, and daily life, ensuring dignity and independence. He expressed gratitude to Muslim Aid Australia for their generous support and commitment to disability empowerment. He also encouraged beneficiaries to take responsibility for their devices, stating:

*"Nothing is free in this world. Even though you received these hearing aids for free, you must ensure proper maintenance and personal hearing hygiene."*

Furthermore, he emphasized the importance of education for persons with hearing disabilities, advocating for equal opportunities and encouraging parents to believe in their children's abilities. He also highlighted the Rights of Persons with Disabilities Act, 2016, as a crucial legal tool to safeguard their rights.

To ensure the effective use of hearing aids, **Audiologists- Mr. Aamir Nabi and Mr. Wajid**, provided technical assistance during the event. They personally fitted the hearing aids for all 40 beneficiaries and assured them that any required adjustments or corrections would be provided free of cost.

Additionally, **Mr. Wajid Audiologist** gave a detailed presentation on:

- How the human ear functions
- Proper care and maintenance of hearing aids
- Hearing hygiene and ways to prevent hearing loss

This session aimed to empower the beneficiaries with the knowledge needed to maximize the benefits of their new hearing aids.

The event concluded with a vote of thanks by **Mr. Sujahat Farhan Member Humanity Welfare Organisation Helpline**, who also moderated the programme. He expressed gratitude to Muslim Aid Australia, Team Members and all stakeholders for their support in making this initiative a success.

The event was a significant step toward enhancing accessibility, inclusivity, and dignity for persons with hearing disabilities. With continued efforts and collaborations, such initiatives will help build a more inclusive and empowered society.











## Distribution of Wheelchairs among Children/Persons with Disabilities

**Humanity Welfare Organization Helpline (HWOHL) Bijbehara** in collaboration with **Muslim Aid Australia** organized a *wheelchair distribution program* at **Government Boys Higher Secondary School Bijbehara**. The initiative aimed at providing high-quality wheelchairs to children/persons with mobility challenges, ensuring their empowerment and social inclusion.

**The primary objectives of the wheelchair distribution program were:**

- To enhance mobility and independence for children and persons with disabilities.
- To promote social inclusion and equal opportunities for individuals with mobility challenges.
- To reduce barriers and ensure the easy availability of assistive devices.
- To collaborate with organizations for sustained disability welfare efforts.
- To work towards the long-term goal of empowering and rehabilitating persons with disabilities in Jammu and Kashmir.

The event was inaugurated by **Deputy Commissioner (DC) Anantnag, Mr. Syed Fakhruddin Hamid**, and witnessed participation from local authorities, community members, and beneficiaries. **Mr. Syed Fakhruddin Hamid**, praised the efforts of Humanity Welfare Organisation Helpline Bijbehara and its contribution to disability welfare in Jammu and Kashmir. He emphasized the importance of the organisation in complementing its efforts for up-liftment of persons with disabilities and acknowledged its role in empowerment of persons with disabilities.

He stated *“The organisation has been working tirelessly on a mission to enhance the quality of life for individuals with disabilities. They have also played a crucial role in assisting the government with policy formulation for the inclusion of persons with disabilities. We, as the district administration, are proud to have such a credible NGO in our district, providing services not only in Anantnag but across Jammu and Kashmir.”*

**Mr. Javed Ahmad Tak, Honorary Chairman Humanity Welfare Organization Helpline (HWOHL) Bijbehara**, addressed the gathering and reiterated the organization’s long-term vision. He highlighted that the wheelchair distribution program, in collaboration with Muslim Aid Australia, is part of a larger mission to ensure that every individual who needs a wheelchair receives one with minimal formalities.

He stated *“This wheelchair distribution initiative, in collaboration with Muslim Aid Australia, is just one of many steps toward ensuring that every person in need of a wheelchair gets one with minimal documentation and procedures. By the end of 2025, we aim to ensure that no one in need is left without a quality, portable wheelchair.”*

As part of the initiative, **100 high-quality wheelchairs** were distributed among children and persons with mobility issues, significantly improving their independence and quality of life. The wheelchairs were provided free of cost, ensuring that financial barriers did not prevent access to essential mobility aids. Beneficiaries were selected through a transparent and fair process, ensuring that those in genuine need received assistance. Additionally, the distribution process was designed to be hassle-free, requiring only minimal documentation to make it easier for families to access support without unnecessary bureaucratic delays. This initiative reflects the commitment of HWOHL and Muslim Aid Australia to empowering persons with disabilities and fostering inclusivity in society.



Several beneficiaries and their families expressed gratitude for the initiative. A young recipient, 12-year-old Aaqib, shared his happiness *“This wheelchair will help me go to school easily and play with my friends. I am really thankful to everyone who made this possible.”*

Another beneficiary’s parent mentioned *“We have struggled for years to afford a good wheelchair for our child. This initiative has given him a chance to move independently and with dignity.”*

The wheelchair distribution program has addressed the immediate needs of 100 beneficiaries, granting them greater mobility and independence. This initiative also raised awareness about disability rights and the importance of inclusion within the community.

The wheelchair distribution program was a major success in promoting mobility and dignity for persons with disabilities. The initiative not only provided essential assistive devices but also reinforced the need for inclusive policies and continued efforts for disability empowerment.





## Distribution of Emergency Food Aid & Emergency Winter Appeal

The Emergency Winter Appeal India 2024 and Emergency Food Aid India 2024 distribution program was organised and supported by MAA (Muslim Aid Australia) in the 50 villages of Anantnag and Kulgam districts of Jammu & Kashmir. This initiative aimed to provide crucial assistance to the most vulnerable communities in these remote areas, including people with disabilities, widows, orphans, the poor, and others facing extreme hardship due to harsh living conditions.

MAA (Muslim Aid Australia) facilitated the event through its field partner Humanity Welfare Organisation Helpline (Bijbehara) for the smooth and successful distribution of essential food supplies and winter relief items. These provisions were designed to provide immediate relief, ensuring food security and warmth for families who would otherwise be unable to meet their basic needs during the harsh winter months.

The assistance provided included following items:

Emergency Food Aid			Emergency Winter Appeal		
S.No.	Item	Quantity	S.No.	Item	Quantity
1.	Flour	10 kg	1.	Adult Thermals (uppers and lowers)	2 sets
2.	Pulses	5 kg	2.	Blanket	1 No.
3.	Salt	3 kg	3.	Hot Water Bottle	1 No.
4.	Cooking Oil	2 litres			
5.	Sugar	2 kg			
6.	Turmeric	½ kg			
7.	Chili Powder	½ kg			
8.	Fennel Seed Powder	½ kg			
9.	Tea Leaves	½ kg			



The event not only addressed the immediate needs of these vulnerable families but also brought a sense of care and solidarity to communities facing extreme hardships. The support provided by **MAA (Muslim Aid Australia)** made a meaningful difference in the lives of 400 families, helping them endure the challenges of winter and ensuring they had the food and warmth needed to survive.

Holistically, The **Emergency Winter Appeal & Emergency Food Aid India 2024** was a vital initiative that successfully addressed the immediate needs of vulnerable communities in the **Anantnag** and **Kulgam districts** of **Jammu & Kashmir**. The program also helped in strengthen the community resilience in the face of recurring crises. By addressing both the **immediate food** and **winter-related** needs, the initiative has contributed to the overall health, safety, and well-being of 400 families during one of the most challenging seasons of the year.





## Ramadhan Aid 2025

In preparation for the sacred month of **Ramadhan 2025**, **Humanity Welfare Organization Helpline (HWOHL)** with support of **MAA** undertook a significant **Ramadhan Aid initiative** to support vulnerable families by distributing **2,000 essential food kits**. This proactive measure ensured that low-income households were equipped with the basic food supplies necessary to observe the holy month with dignity and stability. The main objective of the program was to provide essential food supplies to **underprivileged and food-insecure families** before the onset of Ramadhan, enabling them to engage in fasting and spiritual reflection without the burden of food insecurity.

Each kit was carefully designed to include nutritious and culturally appropriate food items commonly used in Ramadhan meal preparations. The contents of one kit included:

S.No.	Item	Quantity
5.	Wheat Flour (Atta)	10 kg
6.	Sugar	3 kg
7.	Sooji (Semolina)	3 kg
8.	Mustard Oil	2 litres
9.	Dates	1 kg
10.	Ghee	1 kg
11.	Red Chilli Powder	500 gm
12.	Turmeric Powder	500 gm
13.	Fennel Seed Powder (Saunf powder)	500

These items were selected to support both **Suhur** and **Iftar** meal preparations and provide families with cooking staples for the entire month. A total of 2,000 food **Kits were distributed** among 2000 beneficiaries including Low-income households, widows, persons with disabilities, daily wage laborers, and orphans' families. The kits were distributed at various localities across **Anantnag District**, with a focus on rural and economically vulnerable communities

HWOHL mobilized its staff and local volunteers to ensure a **transparent, respectful, and organized** distribution process. Beneficiary data was verified prior to the distribution to ensure aid reached those in genuine need.

- **2,000 families directly supported** ahead of Ramadhan
- Enhanced **food security** and reduced stress for economically challenged households during a spiritually significant period
- Promoted **dignity, community solidarity, and compassion**, in line with the values of Ramadhan
- Enabled families to prepare nourishing Iftar and Suhur meals without financial strain



Many recipients expressed their heartfelt gratitude for the timely support. A local widow shared:

*“Every Ramadhan brings financial anxiety. This year, receiving this food kit made us feel remembered and cared for. We will now enter Ramadhan with peace in our hearts.”*





## Meals of Mercy

**Humanity Welfare Organization Helpline (HWOHL)** Bijbehara through its support organisation i.e. Muslim Aid Australia (MAA), implemented the “**Meals of Mercy**” program during the sacred month of **Ramadan**.

The initiative was designed to deliver ready-to-eat Iftari meals to those in need - particularly underprivileged individuals, patients, their attendants, caregivers, and travellers - ensuring that no one observing the fast was left without food at Iftar time. Over **5,000 hygienically cooked non-vegetarian meals**, each accompanied by **a bottle of drinking water**, were distributed free of cost across key locations in **Anantnag district**, with a special focus on **public healthcare institutions, child care facilities, and roadside areas where people often lack access to timely meals**.

The initiative was guided by the following core objectives:

- **To provide ready to eat food** for individuals at Iftar time, particularly those from marginalized and vulnerable groups.
- **To extend support to patients, their attendants, and healthcare workers** in district hospitals who often struggle to access quality meals during Ramadan.
- **To promote the spirit of charity, compassion, and inclusiveness** that is central to the holy month of Ramadan.
- **To serve roadside travelers and laborers**, who frequently miss Iftar due to travel or lack of access to food.

Meals were prepared in hygienic conditions by the selected vendor of Humanity Welfare Organisation Helpline. The food consisted of **nutritious non-vegetarian fried rice** and each meal was neatly packed in eco-friendly containers. The process of distribution involved our core staff and volunteers who coordinated the distribution at:

- **District Maternity and Child Care Hospital, Anantnag**, where patients and their attendants were the primary recipients.
- **Sub-District Hospital, Bijbehara**, covering both patients and attendants.
- **Child Care Institutions (CCIs)** covering children, where nutritious Iftar is often a challenge.
- **Roadside locations and bus stops**, where passengers and daily-wage laborers were served directly during Iftar time.

All distributions were timed with the Iftar schedule to ensure food reached the recipients hot and fresh.

The response from beneficiaries and the community was overwhelmingly positive.

A caregiver at the District Hospital Anantnag stated:

*“We have been attending to a sick relative for days now, and arranging Iftar each evening is difficult. These meals are a true blessing. May the organization be rewarded for thinking of people like us.”*

A young boy from a Child Care Institution expressed his happiness:



*“We look forward to these Iftar meals. They are not just delicious, but it also feels nice that someone cares about us.”*

Travellers who received meals at highway stops shared their gratitude:

*“I was traveling and had nothing with me to break the fast. This meal made a huge difference. It came at the right time, with kindness and respect.”*

- **Over 5,000 people fed** across multiple days of Ramadan.
- Increased awareness and participation in **community-led charitable efforts**.
- Strengthened ties between local institutions, hospitals, and social welfare organizations.
- Fostered an inclusive environment where patients, children, and roadside workers felt acknowledged and supported during the spiritual month.

**Mr. Javed Ahmad Tak**, Honorary Chairman, Humanity Welfare Organization Helpline (HWOHL), stated:

*“Ramadan is a month of compassion and service. Through the ‘Meals of Mercy’ initiative, we sought to uphold the dignity of every fasting individual, regardless of their location or social condition. This program is a small effort to feed the body and nourish the spirit of unity and empathy. Heartfelt and sincere gratitude to MAA and to its generous donors”.*





## Eid Gift Distribution – 2025

In continuation of its mission to serve marginalized populations with compassion and dignity, Humanity Welfare Organization Helpline (HWOHL) launched the **Eid Gift Distribution Program** in the final days of Ramadan 2025. The purpose was to ensure that vulnerable families could celebrate Eid-ul-Fitr with joy and dignity, without the burden of additional financial strain.

Eid-ul-Fitr is a festival of unity, compassion, and gratitude. Yet for many **widows, orphans, persons with disabilities, and impoverished households**, Eid can often be a painful reminder of deprivation. Through this initiative, HWOHL sought to bring the joy of the festival into their homes by providing them with meaningful and useful Eid gifts.

The main objective of the initiative was:

- To provide **essential and festive food items** to underprivileged individuals in time for Eid celebrations.
- To **foster a sense of inclusion and belonging** among disadvantaged groups during a major religious festival.
- To promote the values of **charity, empathy, and social justice** in line with the spirit of Ramadan and Eid.
- To offer tangible support to **families who might otherwise struggle** to afford celebratory meals.

The program targeted 900 beneficiaries falling under the following vulnerable groups:

- **Widows:** Women-led households struggling with income insecurity.
- **Orphans:** Children without parental care, especially those residing in low-income environments or supported through community-based care.
- **Persons with Disabilities (PWDs):** Including both adults and children with physical, sensory, or cognitive impairments.
- **Poor and Low-Income Families:** Particularly those affected by seasonal unemployment, illness, or other social hardships.

Beneficiaries were identified through HWOHL's local outreach network, existing database of need-based cases, and in consultation with community leaders and social welfare organizations.

Each of the 900 gift packs was thoughtfully curated to include both **nutritious and festive items**, ensuring recipients could enjoy a special meal during Eid:

Item	Quantity
Bakery Cookies	½ kg
Namkeen Daal Mix	2 packs
Butter Cake	2 pieces
Fresh Chicken Meat	2 kg



All items were **hygienically packed**, with a focus on freshness, quality, and ease of handling. Distribution was completed **prior to Eid**, allowing families to plan their meals accordingly.

The impact of the initiative was immediate and deeply felt across the beneficiary groups. Few of the beneficiary testimonials included:

*"This is the first time in years I will cook a full meal for my children on Eid. We feel remembered and honored."* - Widow from Srigufwara

*"As a disabled man, it's hard for me to go out or earn. This package brought joy to my home."* – A person with disability.

The distribution was completed successfully and on time. The **Eid Gift Distribution 2025** was a testament to what compassion and community support can achieve. By reaching 900 beneficiaries with carefully selected food items, HWOHL with the support of MAA not only supported households in need but also **strengthened the social fabric of kindness, inclusivity, and empathy** during a spiritually important time.





## Orphans Aid

Eid-ul-Fitr is a time of joy, celebration, and inclusion. For many orphaned children, however, the festive spirit is dimmed by poverty, loss, and social exclusion. To help bridge this gap and bring smiles to young faces, **Humanity Welfare Organization Helpline (HWOHL)** with support of **MAA** organized a large-scale **distribution of new Eid clothing, footwear, and sports kits to 1,000 orphaned children** across South Kashmir.

This initiative was aimed:

- To provide orphaned children with **new Eid clothing and footwear**, helping them celebrate with dignity.
- To promote **recreation and well-being** by distributing pair of badminton rackets along with box of shuttle cocks.
- To boost self-esteem and happiness among children who often feel left behind during festive seasons.

Beneficiaries included children living in institutional care, informal care settings, or being raised by extended families with limited income.

Each orphan child received a personalized gift package containing:

S.No.	Item	Quantity
01	New Clothing based on size and gender	1 set (upper and lower)
02	New pair of Comfortable, durable shoes based on size and gender	1 pair
03	Badminton Set	1 pair
04	Shuttlecock	1pack (10pcs)

This initiative brought joy, confidence, and a sense of normalcy to orphaned children who often go unnoticed during festive seasons. The impact of the initiative was immediate and deeply felt across the beneficiary groups. Few of the beneficiary testimonials included:

*“I’ve never had new clothes for Eid before. This time, I will dress like my classmates. Thank you for remembering me.”* 10-year-old orphan, Bijbehara

*“The children were so excited to try on their new clothes and shoes. Their smiles said it all.”* Caretaker at a CCI

The **Orphan Aid Program** was a resounding success in spreading joy, dignity, and hope among 1,000 orphaned children. Through small yet meaningful gestures, we were able to give these children a reason to smile, feel included, and celebrate Eid like every other child.



